



International School for Jain Studies

cordially invites you to

An Evening Lecture on

“Jain Yoga and Hindu Yoga: Creative Reciprocity”

By

Prof. Christopher K Chapple

Loyola Marymount University, USA

Co-sponsored by **Indian Council of Philosophical Research (ICPR)**

on

Tuesday, June 28, 2016 06:30 P.M. onwards

at

India International Centre

Seminar Hall No. 2

40, Max Mueller Marg

New Delhi - 110 003

RSVP: Mr. Sushil Jana
0 99112 22593

Please Join Us For High-Tea at 06:00 P.M.

Dr. Shugan C Jain
Chairman



Prof. Christopher K Chapple

Doshi Professor of Indic and Comparative Theology at Loyola Marymount University, Los Angeles, California, USA. Director, Master of Arts in Yoga Studies. Editor, *Worldviews: Global Religions, Culture, and Ecology*. He is the leading professor on Jain studies and Yoga in USA. He has written a number of books including Jain Ecology, Yoga in Jainism, Sacred threads: Patañjali's *Yogasūtra* and Engaged Emancipation: Mind morals and Make believe in Mokṣopāya (*Yogavāśiṣṭha*). Has published hundreds of paper and is a frequent speaker on major international seminars. He pioneered a MA program in Yoga Studies at his university. He was awarded as the best academician and teacher at LMU by Bill Gates (ex President USA) in May 2016. He is the chairman of the academic council of ISJS USA.

Topic : Jain Yoga and Hindu Yoga: Creative Reciprocity

This talk will explore Jaina theories of body, breath, and spirit in light of Yoga traditions, past and present. Jaina teachings on ethics and karma were incorporated into Patañjali's *Yogasūtra* (CA. 200-400 C.E.). Yogic ethical theories were first articulated in the Ācārāṅga Sūtra and then incorporated into classical Yoga. Later, Jaina philosophers reframed Jaina practice into the eightfold Yoga taught by Patañjali. Jaina Tantra reflects the emphasis on liberation and freedom from karma also found in the *Yogavāśiṣṭha*. In the 20th century, Jains updated these practices in light of modern scientific research on meditation.

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